

OTTAWA RECREATION COMMISSION
YOUTH SOCCER - LAWS AT A GLANCE

	TINY TOT	KINDERGARTEN	1ST/2ND GRADE	3RD/4TH GRADE	5TH/6TH GRADE	7TH/8TH GRADE
PLAYERS ON FIELD	3 v 3	3 v 3	4 v 4	7 v 7	9 v 9	11 v 11
FIELD SIZE	40' x 70'	40' x 70'	60' x 105'	105' x 165'	135' x 210'	REGULATION
COACHING	FIELD	FIELD	SIDELINE	SIDELINE	SIDELINE	SIDELINE
GOAL SIZE	6'	6'	12'	18'	24'	24'
GOALIE	NO	NO	NO	YES	YES	YES
OFFSIDES	NO	NO	NO	YES	YES	YES
HEADBALLS	NO	NO	NO	NO	YES	YES
SHIN GUARDS	RECOMMENDED	REQUIRED	REQUIRED	REQUIRED	REQUIRED	REQUIRED
SUBSTITUTIONS	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED	UNLIMITED
SLIDE TACKLING	NO	NO	NO	NO	NO	NO
BALL SIZE	3	3	3	4	4	5
REFEREES	1	1	1	2	2	3
TIME	10 MIN HALVES	16 MIN HALVES	20 MIN HALVES	25 MIN HALVES	30 MIN HALVES	35 MIN HALVES
HALFTIME	5 MINUTES	5 MINUTES	5 MINUTES	5 MINUTES	5 MINUTES	5 MINUTES

1. Coin toss determines who has first possession in the game. Team who loses coin toss will receive possession to start the second half.
2. Each player shall play a minimum of half (50%) of the total playing time each game.
3. Players must wear tennis shoes or soft-cleated soccer shoes. Jewelry is not allowed.
4. If a team cannot field the minimum, both coaches along with the facility supervisor can agree to change the player minimum for that game.
5. Misconduct will not be tolerated. The referee and/or coach will explain all infringements to the offending player.
6. Coaches can choose to rest players as needed, however, a co-ed atmosphere must be maintained on the field at all times.
7. K-4th Grade: In the event of an illegal throw-in, the player who threw it in will get a warning and one re-throw to throw it in legally. If that player still throws the ball in illegally, the ball is dead and it is given to the opposing team to throw in.
8. Score will not be kept in any division.
9. The clock will run continuously throughout the game. There will be no stoppage time.
10. Each team will have 1 time out per half. Each time out will be 1 minute in length.
11. K-8th Grade: Free, corner, goal, and penalty kicks will be awarded.
12. Any rule not covered in these rules, and not covered by the United States Youth Soccer Association, will be left to the discretion of the ORC.